Infant Formula Substitute Guide

By NICU Nutrition Rounds, LLC

Please Consult with your Pediatrician before Changing formula With the baby formula shortage, what should I do if I can't find any? - HealthyChildren.org

STANDARD FORMULA (INTACT PROTEIN)

Enfamil Enspire
Enfamil Infant
Enfamil NeuroPro Infant
Gerber Good Start Gentle
Gerber NAN 1 Pro
Kendamil Classic First Infant Milk Stage
1 (import) Note Mix: 1 scoop to 1 ounce.
Similac 360 Total Care
Similac Advance
Similac Pro Advance
Store Brand Infant, Advantage &
ProCare

SOY PROTEIN (REDUCED LACTOSE)

Enfamil Prosobee Similac Soy Isomil Store Brand Soy

ORGANIC (INTACT)

Baby's Only Dairy
Bobbie
Bubs Organic Grass Fed Infant Stage 1
(import) 0-6 months
Bubs Organic Grass Fed Follow on Stage
2 (import) 6-12 months
ByHeart
Earth's Best Organic Dairy
Enfamil Simply Organic
Happy Baby
Kendamill Organic First Milk Stage 1
(import) Note Mix: 1 scoop to 1 ounce.
Similac Organic
Similac Pure Bliss
Store Brand Organic

REDUCED LACTOSE

Baby's Only Gentle DHA/ARA Baby's Only Sensitive DHA/ARA Burt's Bees Organic Sensitive Earth's Best Organic Gentle Earth's Best Organic Sensitivity Enfamil Enspire Gentlease Enfamil Gentlease Enfamil NeuroPro Gentlease Enfamil NeuroPro Sensitive **Enfamil Reguline** Gerber Good Start Gentle Pro Gerber Good Start Soothe Pro Happy Baby Sensitive Similac Pro Sensitive Similac Sensitive 360 Total Care Similar Sensitive Store Brand Sensitivity

GOAT (INTACT PROTEIN)

Kendamil Classic First Infant Goat Stage 1 (import) Note Mix: 1 scoop to 1 ounce. Bubs Goat Milk Infant Stage 1 (import) 0-6 month Bubs Goat Milk Follow on Stage 2 (import) 6-12 months

STORE BRAND FORMULA

BY PERRIGO

Walmart, Sam's Club, Target, Kroger, CVS, Walgreens, HEB, Costco, Meijer, TomThumb, Aldi, Amazon, Burt's Bees, 365 by Whole foods & MORE. www.storebrandformula.com

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DESIGNED FOR REFLUX (THICKER)

Enfamil AR Similac for Spit Up* Store Brand Added Rice Starch* *Reduced Lactose

INTACT & PARTIALLY HYDROLYZED PROTEINS (REDUCED LACTOSE)

Earth's Best Gentle
Enfamil Enspire Gentlease
Enfamil Gentlease
Enfamil NeuroPro Gentlease
Enfamil Reguline
Store Brand Gentle

PARTIALLY HYDROLYZED PROTEINS & REDUCED LACTOSE

Baby's Only Gentle (DHA/ARA)
Burt's Bees Ultra Organic Gentle**
Gerber Good Start GentlePro
Gerber Good Start SoothePro
Similac Pro Total Comfort
Similac Total Comfort
Store Brand Complete Comfort
Store Brand Tender
"Not reduced Lactose

PRETERM INFANTS AT HOME FORMULA

Enfamil NeuroPro Enfacare Similac Expert Care Neosure

A2 PROTEIN (INTACT)

Bubs Supreme A2 beta casein infant Stage 1 (import) 0-6 month Bubs Supreme A2 beta casein Follow On Stage 2 (import) 6-12 month Enfamil A2 Enfamil Premium A2 Gerber Good Start Gentle Supreme Similac Organic A2

EXTENSIVELY HYDROLYZED PROTEINS

Gerber Good Start Extensive HA Nutramigen (& with Enflora) Pregestimil Similac Alimentum (& with 2'-FL HMO) Store Brand Hypoallergenic

ELEMENTAL/AMINO ACID FORMULA

Elecare for Infants
Neocate Infant DHA/ARA***
Neocate Syneo***
PurAmino Infant***
Alfamino Infant***
***Note Mix: 1 scoop to 1 ounce

FORMULA SAFETY

Always wash hands before mixing formula
Follow recipe on can
Do not add extra water to Infant Formula
Do Not Use Homemade Formula Recipes
For more information: https://linktr.ee/nicunutritionrounds