

Regular screening may save your life.

Learn the facts about breast cancer

Breast cancer is the most common cancer in women



1 in 8 women will develop breast cancer in their lifetime

Screening for women with average risk should **begin as early as age 40**



80-85% of women with breast cancer have **no family history or other risk factors**

Mammograms are low-dose X-rays of the breast that can find breast changes



Out of every 100 women who get a screening mammogram, 90 will be told that their mammograms are normal



Mammography can **lower your risk** of dying of breast cancer

When breast cancer is **detected early the five-year survival rate is almost 100%**



Talk with your doctor about your breast cancer risk, and what screening plan is right for you.