



2027 Self-Funded Pharmacy Benefits

Reduce risk and control costs with pharmacy integration

With CDPHP® integrated pharmacy benefits management, our self-funded groups are offered both value-added benefits, built right into the plan, and optional benefits that can be added to further reduce risk and control costs.

Integrated pharmacy: more options, better quality, increased savings



National-caliber benefits, local resources and control

CDPHP has aligned with national pharmacy benefits manager, Express Scripts® Pharmacy Benefit Services, strengthening our ability to manage rising costs, respond to market trends, and expand the solutions available to our members and employer groups. We strategically collaborate with external partners to help manage our pharmacy services, but our program always starts and ends with the CDPHP team.



Real-time medical and pharmacy integration

CDPHP Care Management and Clinical Pharmacy teams collaborate in real time to provide coordinated, personalized support that members can trust. This work prevents dangerous drug interactions, increases medication adherence, and reduces costly hospital visits as well as readmissions.

Comprehensive pharmacy benefits at no additional cost



ADVANCED OPIOID MANAGEMENT PROGRAM	This program focuses on preventing abuse, addiction, and overdose of opioids through point-of-sale edits, physician alerts, and member education.	
AUTOMATIC PRESCRIPTION DISCOUNT	The automatic prescription discount program provides discounts on medications outside a member's pharmacy benefit through a seamless and automatic process at the point of sale. It lets members and their dependents pay the lowest price possible for the medications they may need.	
BIOSIMILAR OPTIMIZATION	Biosimilars are an important way to help spur competition that can lower health care costs and increase access to important therapies.	
HOME DELIVERY	Members can get maintenance medications delivered right to their front door – increasing adherence and savings over the retail pharmacy.	
MEDSYNC®	Allows patients to synchronize their medications and pick up their routine prescription refills at the pharmacy on a single, convenient day each month.	
PRICE ASSURE™	A seamless way for your employees to potentially save money on certain non-specialty generic drugs at the point of sale. When an employee fills a prescription at an in-network pharmacy that participates with GoodRx®, the benefit cost is automatically checked against pricing available through GoodRx, and your employee automatically receives the lower price when applicable.	
QUANTITY LIMITS	Quantity limits ensures an appropriate amount of medication is being used for each indication by aligning the dispensed quantity of prescription medication with FDA-approved dosage guidelines.	
RATIONALMED®	RationalMed identifies safety issues related to prescription drugs in realtime and sends safety alerts that address dangerous interactions, gaps in care, and potential misuse to dispensing pharmacists and prescribers for immediate notification and action.	
SAFEGUARDRX	SafeGuardRx provides savings from drug manufacturers for certain early discontinuance credits and other cost management programs focused on some of the costliest therapy classes.	
SPLIT FILL	Through Split Fill, patients can try expensive medications with potentially serious side effects to confirm effectiveness and tolerance before paying for a full 30-day supply.	

Optional benefits to enhance your plan and meet your unique needs



DIABETES UTILIZATION MANAGEMENT	Utilization management for diabetes includes the application of prior authorization and step therapy to diabetes medications, equipment, and testing supplies under medical benefits.	
GENERIC ADVANTAGE PROGRAM	Under this program, if a member fills a brand-name medication when there is a generic equivalent available, the member will pay the difference between the generic medication and the higher cost brand, plus the generic copay.	
HOME DELIVERY	Members can get maintenance medications delivered right to their front door – increasing adherence and savings over the retail pharmacy.	
LIMITED NETWORK¹	You and your team can save up to 2% or more on prescription drug costs, and members enjoy the same copay in our Limited Network of 43,000+ retail pharmacies.	
HELPSCRIPT*	HelpScript is designed to help self-funded groups and their members save money on medical specialty drug spend harnesses manufacturer programs to reduce or eliminate high out-of-pocket costs.	
MANDATORY MAIL²	Members' maintenance medications are delivered directly to their homes and no longer filled at a retail pharmacy. Home delivery is the most cost effective channel & increases member savings for up to a 90-day supply of maintenance medications.	
MANDATORY SPECIALTY DRUG BENEFIT	Members buy costly specialty medications at a pharmacy that participates in our specialty pharmacy network, where we can achieve lower costs and members benefit from care by experienced specialty pharmacists.	
MEDICATION ASSURANCE PROGRAM*	A complementary program designed to reduce spend on specialty medications by holding manufacturers accountable for drugs that were approved through the FDA's Accelerated Approval program. Manufacturers of Accelerated Approval drugs that agree to participate in our Medication Assurance Program will have their Accelerated Approval FDA progress monitored. If clinical benefits are unproven, the manufacturer will pay a financial guarantee.	
PATIENT ASSURANCE PROGRAMSM	Program aimed at combating the escalating costs of diabetic and cardiovascular therapies. Members will pay no more than \$25 per 30 days for eligible drugs. Up to \$50 is provided by manufacturer assistance and in some instances a discount by the health plan. This happens immediately at the point of sale.	

CDPHP PHARMACY CONCIERGE**	CDPHP Pharmacy Concierge helps control costs by driving appropriate utilization of medications. It's a retrospective utilization management support program that identifies and provides voluntary insights to providers. Our core value proposition is minimal disruption.	 
PRIOR AUTHORIZATION	Our clinical pharmacists and physicians review medication requests to ensure appropriate drugs and doses are being prescribed. Certain medications require prior approval before the medication is covered.	
SAVEONSP*	Through our specialty copay assistance program, SaveOnSP we use manufacturer assistance to reduce group drug costs and member copays in some of the top specialty categories that often come with an expensive price tag.	
SEMPRE HEALTH³	Sempre Health is an SMS text-based program that addresses prescription affordability and increases adherence for eligible members. The program provides a member copay incentive for filling their medication on time, each month.	  
SITE OF CARE*	This program provides outreach to members who are currently receiving certain infusion drugs at high-cost facilities and aids in transitioning members to home infusion or lower-cost facilities. The goal is to promote member convenience and access to care while lowering costs.	  
SMART90⁴	With Smart90, members can get their long-term maintenance medications mailed to their home via Express Scripts or at a participating retail pharmacy in the Smart90 network such as CVS or Walgreens. This unique plan design motivates greater use of 90-day supplies and offers deeper discounts.	  
STEP THERAPY	Step Therapy encourages safer and more cost-effective use of drugs by requiring members to try a lower-cost therapeutic equivalent drug for treatment before "stepping up" to a similar-acting, but more expensive drug.	 

Questions about pharmacy benefits?

Please contact your dedicated CDPHP account manager.

* Shared Savings Fee associated with program.

** A buy-up for self-funded groups.

¹ Cannot be combined with Mandatory Mail or Smart90.

² Cannot be combined with Smart90 or Limited Network.

³ Optional program when a group elects Pharmacy Concierge. Group must enroll in CDPHP Pharmacy Concierge to be eligible.

⁴ Cannot be combined with Mandatory Mail or Limited Network.

SaveOnSP is an independent company that offers specialty coinsurance assistance services for certain specialty prescription drugs to CDPHP members.

CDPHP has contracted with Sempre Health, an independent company, to provide select discounted prescription copays to CDPHP members.

CDPHP has contracted with Expion Health Company, an independent company, to provide HelpScript program benefits to our members.

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Capital District Physicians' Health Plan, Inc.

