



Sempre Health

A proven way to increase prescription affordability and adherence.

What is Sempre Health?

CDPHP is working with Sempre Health, which offers members of fully-insured groups and self-funded groups with CDPHP Pharmacy Concierge a text message program to help prescription affordability and adherence. No account, app, or smartphone is needed to take advantage of the discounts, and there's **no additional cost associated with Sempre Health**.

The real impact of Sempre Health savings

- ▶ Sempre has **saved more than 1,500 enrolled members a combined \$159k** on copays*
- ▶ Enrolled members have an **8% higher on time medication fill rate** compared to non-enrolled members*

Simple steps to savings



CDPHP and Sempre Health identify members taking preferred chronic condition medications



Eligible members receive personalized invitations to enroll via direct mail and email (enrolling takes less than 5 seconds)



Once enrolled, members receive text reminders when it's time to refill and a discount code to use at their usual pharmacy



Each month the member refills on-time, the discount increases

“With the deep discount on my medication it has given me more room in my budget for groceries and other necessities.”

**Based on 2024-2026 Health Plan Data*

Capital District Physicians' Health Plan, Inc. (referred to as CDPHP) has contracted with Sempre Health, an independent company, to provide select discounted prescription copays to CDPHP members. Savings will vary based on drug, member copayment, and program requirements. You will never pay more than your typical copay. Maximum discount limits apply. This discount program is not insurance.

