

Make big moves in musculoskeletal (MSD) management

Musculoskeletal disorders (MSDs) are one of the leading drivers of health care expenses in the U.S. and second highest cost for the health plan. Currently, in-person physical therapy (PT) compliance is a known issue and the lack of follow through creates greater downstream costs and complexity.*

CDPHP® is offering digital musculoskeletal (back, neck and joint) health care and physical therapy services to our members. These services are administered by Vori Health, an independent company.

Digital PT (Vori Health) can help:

- ▶ **Reduce** unnecessary treatments and trips to the emergency room
- ▶ **Reduce** absenteeism, resulting in higher work productivity
- ▶ **Increase** physical therapy engagement, resulting in better quality of care
- ▶ **Increase** ease and speed of access to care

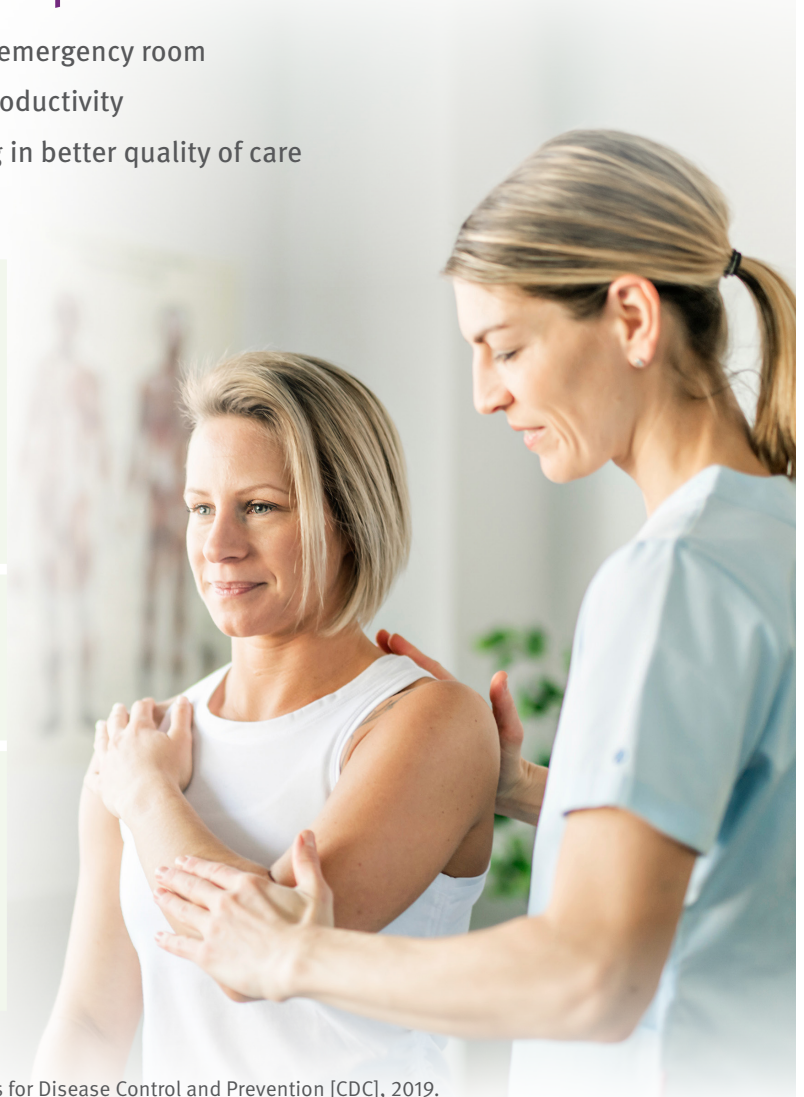
\$800 million

**was spent by the health plan for
MSD related costs.***

(Not inclusive of direct and indirect costs
related to workers' compensation)

**MSDs accounted for a median of
8 days** away from work**

**An estimated
9.5 million**
visits were made to the emergency
room for MSD conditions***



* 2021-2022 Health plan data

** "Work-Related Musculoskeletal Disorders and Ergonomics," Centers for Disease Control and Prevention [CDC], 2019.

*** Estimates of Emergency Department Visits in the United States, 2016-2021, "Centers for Disease Control and Prevention [CDC].

Vori Health is a nationwide specialty medical practice delivering a virtual-first, digital MSK solution to help your employees get back to their lives faster. With Vori Health, employees will get access to:



Personalized treatment including physical therapy and more



Convenient video visits



Non-opioid pain medication and imaging if needed

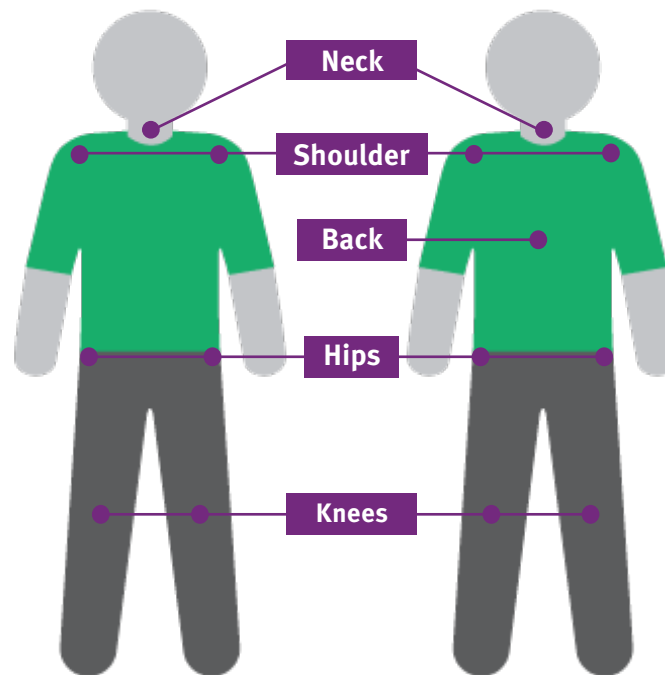


Medical evaluation and diagnosis



Support to help manage pain, regain strength, and enjoy life

Here are some of the common areas treated by Vori Health Orthopedic Specialists:



To learn more about how Vori Health can support your team, talk to your broker or Account Manager today.

Vori Health is an independent company that offers virtual and digital musculoskeletal (back, neck and joint) health care and physical therapy services to CDPHP members. A buy-up option will be available for Minimum Premium and Self-Funded group plans for 1/1/27.