CDPHP® Embrace Health

A medical plan with a bonus account

Support your employees with a health plan that includes a $200 bonus account, funded by CDPHP, to use on fitness, medical, or nutrition-related expenses – they choose!

Embrace Value

With CDPHP Embrace Health, members get a quality medical plan and are supported with funds they may spend on fitness, medical, or nutrition-related expenses. CDPHP Embrace Health enables you to select a lower-premium health plan where employees have a deductible, while offsetting the money it takes to stay healthy with bonus dollars provided by CDPHP. Members are able to track their claims, deductibles, and account balances at **member.cdphp.com**.

The Embrace Paths

Medical

Members can use their bonus dollars on any IRS-qualified health expense, regardless of whether it is covered under their medical plan.

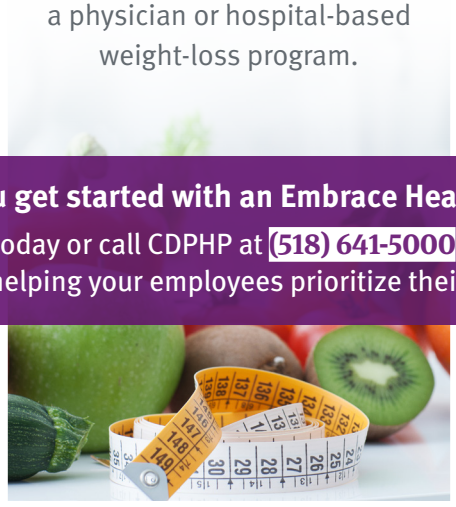
Nutrition

Members can use their bonus dollars on expenses that will get or keep them eating healthy. Examples include Weight Watchers programs, meeting with a registered dietitian, or a physician or hospital-based weight-loss program.

Fitness

Members can use their bonus dollars for costs associated with getting or staying fit, including workout-related programs or classes, fitness equipment, sneakers, or golf or court fees.







We're here to help you get started with an Embrace Health plan.

Speak with your broker today or call CDPHP at **(518) 641-5000** or **1-800-993-7299** to take the next step in helping your employees prioritize their health.

CDPHP Universal Benefits,® Inc.

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